

Summer 2021



CAHoots Newsletter is funded through the IN FLEX State Office of Rural Health (SORH).

IU Health Bedford and IU Health Paoli Receive Honors in 2021!



Bedford Hospital

IU Health Bedford and IU Health Paoli hospitals are proud to announce that both facilities have been awarded the



Paoli Hospital

American Nurses Credentialing Center's (ANCC) Pathways to Excellence designation for 2021. This designation identifies both facilities as having a strong commitment to fostering a positive work environment that empowers and engages staff. The ANCC only extends this designation to organizations that invest in optimum workplaces for nurses, and demonstrates a culture of sustained excellence, resulting in the successful recruitment of top candidates and staff retention through high job satisfaction. Nurses play a big part in the application process for this designation completing an extensive survey that validates that their experience with the organization meets the Pathway Standards. This is IU Health Paoli's second time to receive the Pathways to Excellence designation and IU Health Bedford's third. A special thanks to Michele Ridge, CNO at IU Health Paoli, and Melissa Mitchell, Clinical Manager of Surgical Services and Pathway to Excellence Coordinator at IU Health Bedford, for leading these efforts to obtain this honorable designation.

IU Health Bedford was also recognized this year by CMS as a Five-Star Hospital for the first time. A Five-Star rating from CMS is determined by data submitted by the hospital for five categories: mortality, safety of care, readmissions, patient experience, and effective care. CMS publishes the star ratings on the Hospital Compare website. Consumers of healthcare can use this data to help make informed decisions about where they chose to receive care. IU Health Bedford was one of only 455 hospitals nationwide to receive the Five-Star rating from CMS.



Decatur County Memorial Hospital Achieves Five-Star Rating

Decatur County Memorial Hospital has received the highest overall hospital rating given by the Centers for Medicare and Medicaid Services (CMS), placing them among the top 10 percent of hospitals nationwide. Hospitals earning this top rating show an “overall rating” of five-stars on CMS’ Hospital Compare tool which provides consumers information about the quality of care for over 4,500 Medicare certified hospitals. Of the hospitals rated by CMS, only 455 achieved a five-star rating. In addition, only 13 of Indiana’s 190 hospitals received the five-star rating, placing DCMH in the top 7% in the state.

“We are developing a culture of continuous quality improvement by aligning the organizational focus to improve the quality of the patient experience and clinical outcomes.” said Rex McKinney, DCMH president and CEO. “Making decisions centered around what is best for our patients, daily huddles, tracking progress, and engaging our team members are some of the strategies used to obtain the CMS 5 Star rating of the hospital.”

The overall hospital rating is based on data publicly reported on CMS’ Hospital Compare tool (medicare.gov/hospitalcompare). The rating shows how well each hospital performed on average compared to other hospitals in the U.S. in treating common conditions such as sepsis or pneumonia. It reflects performance on up to 48 measures across five aspects of quality, including patient experience, safety of care and timely and effective care.

Hospitals are put into one of three peer groups depending on how many measures they submit. Larger hospitals, for example, generally submit the most measures and smaller hospitals submit the fewest. DCMH submitted outcomes for all five measure groups placing them in a peer group that mostly consists of large hospital systems and teaching hospitals, making the recognition even more significant.

Critical Access Hospitals do not have to participate with the Star Rating system due to their smaller patient volume. “That is not an option for DCMH. We set our goals to be among the nation’s best,” said McKinney. “When it comes to quality of care, hospital size does not matter. Attaining this rating shows the dedication and excellence of our staff.” Participating hospitals reported data to CMS, the federal agency that runs the Medicare program through the Hospital Inpatient Quality Reporting Program. Those hospitals were given an overall rating ranging from one to five stars, with five as the highest, according to the report.

ABOUT DECATUR COUNTY MEMORIAL HOSPITAL

Founded in 1922, Decatur County Memorial Hospital provides a wide range of valuable services to the community including high-value patient-centered care, leadership and education. DCMH is accredited by the DNV GL (International Healthcare Accreditation). To learn more about our history, management and services, visit dcmh.net or call 812-663-4331.

Pulaski Memorial Hospital CEO Announces Retirement; Successor Named

Winamac, IN – Pulaski Memorial Hospital CEO, Tom Barry, FACHE, has announced his retirement from healthcare at the end of the year. Mr. Barry has been the Chief Executive of the hospital since 2013. During his tenure, Mr. Barry navigated PMH through the continued transition from mainly inpatient care to predominantly outpatient and ambulatory care - a trend that is taking place in hospitals across the country. He established PMH's Medical and Surgical Group, opening Rural Health Clinics in Francesville, Knox, North Judson, and Winamac. PMH also operates a family practice clinic in Monterey. Additionally, Barry grew the medical staff from four employed providers to twelve physicians and eleven nurse practitioners – with two more physicians signed to join the group in 2022.



Over 40+ plus years in healthcare, Barry has worked throughout the Midwest, both in large healthcare facilities and small, rural hospitals. "During my career, I have had the privilege of working with dedicated and compassionate individuals, who were committed to providing the best possible care to their communities – and that certainly has been the case at PMH," said Barry. "While I am looking forward to traveling and spending time with my family, I will miss working with our staff who challenged me to always be at my best. And who would challenge our Senior Leadership and Leadership Teams to ensure the hospital could be the best it could be, every day."

As CEO, Barry expanded the hospital's footprint and services. PMH has twice added on to their medical office building – and recently began a third addition that is the largest expansion project the hospital has undertaken since opening in 1963. "We are doubling the square footage of the clinic and almost doubling the available exam rooms," said Barry. The project is scheduled to be completed by the late Fall, early Winter of this year. Additionally, PMH added a permanent MRI and a new "state-of-the-art" CT scanner in 2017, allowing the hospital to offer those services daily to the community.

Following its succession plan, PMH's Board of Trustees has hired Stephen Jarosinski, FACHE, as the new CEO of the hospital. Mr. Jarosinski has more than 20 years of experience in healthcare. After starting his career as a physical therapist, he quickly transitioned to progressive hospital operations leadership roles. Mr. Jarosinski has extensive experience working with and leading healthcare organizations and physician groups. Jarosinski served as a Healthcare Specialist with the accounting firm Blue and Company, located in Indianapolis, in his most recent position.



"Tom has done a phenomenal job leading the hospital throughout his tenure," said Board President Courtney Poor. "I want to thank him for his hard work and commitment to

providing the best health care to the people of Pulaski County – and our surrounding communities. When Tom expressed his wishes to retire, the Board immediately began following its succession plan," added Poor. "Steve was the clear choice for CEO. I welcome the Jarosinskis to the community, and I believe with all my heart that Steve is the person to lead Pulaski Memorial to new heights of success in patient care."

"Steve interviewed separately with the Board, Medical Staff, and our Senior Leadership Team, all of which felt that he would be an excellent fit for the hospital's CEO position and could successfully lead PMH in the future," said Barry.

Mr. Jarosinski earned both of his degrees from Indiana University – Indianapolis, completing his Bachelor of Physical Therapy in 1996 and his Master of Business Administration in 2002. He is a Fellow with the American College of Healthcare Executives (ACHE) and was honored with the organization's "Early Career Healthcare Executive" Regent's Award in 2010.

Jarosinski and his wife, Kate, have three grown children, Blake, Ellie, and Taylor, and have also served as foster parents to multiple placements since receiving their licenses in 2018. He has also served as a youth leader and Council member for his local church.

Jarosinski plans to start his tenure at PMH on August 1 as Chief Operating Officer and work with Mr. Barry to transition to CEO on January 1, 2022.

"I am honored to be joining Pulaski Memorial Hospital," said Jarosinski. "I look forward to working with our associates in advancing the mission and vision that Tom helped build. Healthcare can be a difficult and complex field, but I am excited for the challenges ahead and to continue growing PMH's presence and care offerings in our communities."



Decatur County
Memorial Hospital
The Quality Care You Want. Close By.

Decatur County Memorial Hospital Healthy Fair a Huge Success

GREENSBURG, IN (June 30, 2021) — Decatur County Memorial Hospital hosted its annual Healthy Fair in a drive-thru format for the second year in a row. The event occurred on Saturday, June 26th from 8am to 12pm at the Greensburg Elementary School.

The event was a drive-thru for the first time in 2020 due to the COVID-19 pandemic, and the drive-thru nature continued this year to ensure the safety of all participants.

The Healthy Fair has been invaluable to many Decatur County residents, especially those who have little or no insurance, so it was important to organizers at the hospital to continue the event.

The drive-thru event mirrored its appearance last year, with upgrades to make the event go smoother than ever. DCMH Marketing and Communications Manager Amy Shearer shared, “It takes about six months of planning and fifty volunteers to organize an event of this size each year. We are always looking for ways to improve the process or offer other services to our community members.”

Through the support of the Hospital Foundation of Decatur County, staff at the Healthy Fair were able to give free Lipid Panels and A1C screenings this year.

Once the participants received their free screenings, they were given a goodie bag of information from sponsors and past vendors as well as a voucher for a free lunch at Jimmy John’s, provided by lunch sponsors.

This year’s drive-thru event saw an increase of 120 participants from last year. 439 individuals participated in the event and 382 individuals received free labs.

Organizers noted the Healthy Fair could not have been possible without the Hospital Foundation and major sponsors Honda Manufacturing of Indiana, Noles Family Dental, Napoleon State Bank, Ellis Events, Lohrum Electrical, Centra Credit Union, and Franciscan Health.



About Decatur County Memorial Hospital (DCMH)

Since its founding in 1922, Decatur County Memorial Hospital (DCMH) has provided a wide range of valuable services to the community. DCMH advances the health and wellness of the community by providing quality care, leadership and education. To learn more about DCMH history, management and services, visit the website at www.dcmh.net or call 812-663-4331. Decatur County Memorial Hospital is accredited by [DNV-GL](http://www.dnv-gl.com).

Woodlawn Hospital Celebrates a Milestone

Thursday, April 15, 2021

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100 REASONS TO CELEBRATE



These four Woodlawn Hospital doctors, Dr. Geoff Cly, Dr. Timothy Pohlman, Dr. John Nile and Dr. Benjamin Adeboye, have completed 100 robotic surgeries on the da Vinci X as of Wednesday. Cly performed the first, and the 100th.

Woodlawn hits 100th robotic surgery mark

By CHRISTINA M. SEILER
Managing Editor, The Sentinel

Woodlawn Hospital celebrated a technical and medical milestone Wednesday.

Dr. Geoff Cly, an obstetrician and gynecologist, completed the hospital's 100th surgery on the facility's da Vinci X surgical robot, fondly named Gloria. He also performed the first one.

Gloria doesn't have a face. She doesn't have a heart. But she does have excellent eyesight. And the \$1,100,000 machine has made gynecological and general surgical procedures much less invasive, less painful and easier to recover from for Woodlawn patients since it was delivered in April 2020.

Incisions can be as small as a dime. The first drop of blood, often from skin, can be caught and the bleeding stopped, Cly said. Instruments are smaller and can move more directions than older, laparoscopic ones. The camera is much more detailed than previous versions.

Patients can often drive the next day and need nothing more than an over-the-counter pain medication, said Dr. Timothy Pohlman, a Woodlawn general surgeon and hospitalist. They can return to work and life activities much sooner.

"It really isn't a robot. It is basically laparoscopic surgery on steroids," explained Pohlman. "The biggest adjustment is mastering the large array of capabilities provided by the robot. It is an example of remarkable engineering."

He, Cly, obstetrician/gynecologist Dr. Benjamin Adeboye and general surgeon Dr. John Nile are the four Woodlawn doctors who use the da Vinci.

Here's the basic process: The da Vinci has two parts, the console used by the doctor and the machine with robotic arms to which instruments attach. The doctor sits at the console, where he can see through a tiny, high-resolution camera inserted in the patient by one of the da Vinci's arms. He also controls the arms, which hold and move the surgical instruments.

Those instruments are smaller than one would imagine. That means incisions are smaller and tissue damage is minimized, both of which speed healing and cut pain.

At the operating table is another



Dr. Benjamin Adeboye shows how the arms of Woodlawn's da Vinci robot work. He's got practice instruments attached.



Dr. Timothy Pohlman, a general surgeon, looks into the control console of Woodlawn Hospital's da Vinci surgical robot.



A practice da Vinci robotic surgical instrument, forceps, in the hand of Dr. Geoff Cly at Woodlawn Hospital.

"It's similar to Avatar, the movie. We feel we are inside the patient with a three dimensional, virtual reality image."

DR. GEOFF CLY
da Vinci surgeon

patient with a three dimensional, virtual reality image. The assistants are the outside eyes and ears."

Cly is the most experienced of Woodlawn's robot-using surgeons. One of the first in Indiana to become certified with da Vinci, he's performed about 1,000 such surgeries over a 15-year span. He came here from Parkview Health System in Fort Wayne, as did Adeboye and Darlene Jones, certified surgical first assistant. Kaleigh Hummel also is a first assistant.

"It's critical to have a team that's trained for robotic surgeries," Cly said. "Darlene came here as part of our team." Jones has assisted in more than 1,000 cardiac, urology, general, colorectal and gynecological surgeries.

While Cly, an Intuitive Systems da Vinci instructor, and Adeboye came with experience, Pohlman and Nile



Dr. Geoff Cly, who completed Woodlawn Hospital's 100th surgery Wednesday on this da Vinci X robot, explains how the system works.

SURGERY

Pohlman said he observed at another hospital. "I then went to a training center in Atlanta for a day of one-on-one instruction with a robotic instructor, learning all the different aspects of robotic surgery. I then performed five robotic surgeries here under the guidance and supervision of a proctor and experienced robotic surgeon who came to Woodlawn for these procedures."

He also had online training and then spent a day with practicing on the robot here with a da Vinci representative. "For example, I preformed several 'procedures' on a pumpkin," Pohlman said. "As it turns out, the inside of a pumpkin accurately simulates adhesions in a human abdomen."

Pohlman said his training in robotic surgery was the most robust and comprehensive of any medical training he's received.

For surgeons, there is an adjustment period for use of robotics.

The biggest is getting use to operating on the patient several feet away from the actual surgical table. "Also

the surgeon needs to give verbal direction and verbal cues during the surgery to the robotic surgery team," Cly said. "With traditional large incision surgeries the doctor is right there with the surgery assistant and can use nonverbal gestures such as moving retractors or reaching for instruments without needing to speak."

Are there disadvantages to robotic surgery? The doctors say there are few. "Relatively few, but it might take a slightly longer time depending on the type of surgery," Cly said. "Also a robotic surgeon must be skilled, committed to use robotics on a weekly or monthly basis so they continue to maintain their skills and abilities."

There also are times when a robotic surgery must be halted and the surgeons turn back to traditional surgery. That's mostly when they encounter unexpected scar tissue or adhesions that must be removed prior to surgery, Cly said, adding there may

be times when an artery or vein is cut, which happens in regular surgeries as well.

"Fortunately, the da Vinci system has an emergency stop button that allows us to apply pressure on the bleeding artery and then immediately remove the system to be able to access the patient and make an abdominal incision to fix the problem."

Woodlawn's da Vinci is being joined by a Rosa, which is an orthopedic surgical robot made by Zimmer Biomet. Knees are the first order of business, with hip surgeries possible in the future when a planned hip upgrade is completed for the robot.

The purchase of Rosa – negotiated down to \$500,000 by Woodlawn Hospital Chief Executive Officer John Alley – was approved about two months ago by the Woodlawn board. Physicians have been trained, staff is in the final phase of training and the first case is scheduled in a couple weeks, Alley said.

Greene County General Hospital's TeamOrtho and My Clinics Provided 530 Free Sports Physicals to Local Students



(Sports Physical Day on May 13, 2021 at Linton-Stockton schools. We provided 220 physicals to Linton students.)



Greene County General Hospital (GCGH) is pleased to report that throughout designated dates in May, TeamOrtho's Orthopedics and Sports Medicine Center, along with My Clinics' providers, provided 530 free sports physicals, good for 2021-2022 school year, to Greene County students at schools and during school hours. To ensure the process was convenient for parents and students, students signed up ahead of the sport's physical day through their schools. Each of the participating schools; Eastern Greene Middle and High Schools, Linton-Stockton Elementary, Middle and

High Schools, Shakamak Elementary, Middle and High Schools, White River Valley Middle and High Schools and Bloomfield Elementary, Middle and High Schools coordinated the event by obtaining signed parent/guardian consent forms before the students received their physical.

TeamOrtho provided two certified Athletic Trainers and registration staff while My Clinics provided two to three providers and nurses to each of the schools for each event. A sports physical can help students find out about and deal with health problems that might interfere with their participation in a sport. Providers can also identify risk factors that are linked to specific sports. GCGH's Outreach Director, Stacy Burris, helped coordinate the free sports physicals as part of the hospital, TeamOrtho and My Clinics' effort to provide quality healthcare services to our community. Burris says, "Anytime we can provide convenient and free services to our community is great. We have great relationships and partnerships with each of the schools already through our sports medicine and telehealth services. We were grateful for this opportunity to provide this service and for the schools' organization of the events. Because we worked together, over 500 Greene County students are ready to participate in sports."

If students missed the opportunity to receive a free sports physical at their school, TeamOrtho is hosting additional opportunities on June 24, 2021 and July 29, 2021 from 3 p.m. – 7 p.m. at TeamOrtho Orthopedic and Sports Medicine Center located at 1043 North 1000 West Linton, Indiana. Students must register for the free event by calling 812-847-3381 and bring their signed and completed IHSA sports physical forms. The forms are located on the GCGH website at: <https://greenecountyhospital.com/teamortho/>

In addition, GCGH's My Clinics offer free sports physicals at any of the four Greene County clinic locations, year-round. Students will need an appointment and their signed and completed IHSA sports physical forms at time of appointment. To make an appointment for a free sports physical, call 812-847-4481.

Schools and Libraries Can Act Now to Bridge the Digital Divide

Schools and libraries have an enormous window of opportunity to help their students and patrons obtain affordable internet access. At the end of this month, the Federal Communications Commission will open a 45-day [filing window](#) for the Emergency Connectivity Fund program, which will make \$7.17 billion available to fund broadband service and devices off-campus. Although the FCC's E-rate program has supported broadband services to and within school and library premises, the new Emergency Connectivity Fund leverages the E-rate application process to let schools and libraries connect their students, staff, and patrons at home.

<https://www.benton.org/blog/schools-and-libraries-can-act-now-bridge-digital-divide>

Rural Substance Use Workshops Hosted by Indiana Rural Opioid Consortium (InROC)

The Indiana Rural Opioid Consortium (InROC) is excited to announce the dates and locations for our summer Rural Substance Use Workshops! Agendas are being finalized and will be posted on the event pages here:

<https://www.indianaruralhealth.org/events/in-person-events/>

First up is our Gibson County Workshop on July 14, 2021!



Location: Dick Clark's Restaurant, 702 N Prince St, Princeton, IN 47670

Time 9:00am – 3:00pm CST

Register here: <https://www.indianaruralhealth.org/events/2021/07/14/in-person-events/inroc-rural-substance-use-workshop-gibson-co./>

Please share with your contacts and invite anyone to attend. We are providing lunch for all attendees. If you have a group of people that you would like us to register for you, please send their names, titles, organization name, mailing addresses, emails, county of residence, and any dietary restrictions, to telliott@indianarha.org.

The other Workshops are scheduled for:

July 28, 2021 - Scott County

Register here: <https://www.indianaruralhealth.org/events/2021/07/28/in-person-events/inroc-rural-substance-use-workshop-scott-co./>

August 11, 2021 - Boone County

Register here: <https://www.indianaruralhealth.org/events/2021/08/11/in-person-events/inroc-rural-substance-use-workshop-boone-co./>

Flyers for these events are available on the event pages as well.

Register Now for the 2nd Annual IRHA Don Kelso Golf Classic Presented by Aware Recovery Care!



Wednesday, September 15, 2021
The Trophy Club in Lebanon, Indiana
11:00 a.m. Shotgun Start

Featuring the IRHA exclusive "Closest to the Target" contest on 2 holes and hit the life-sized target of our friend Don Kelso in the fairway!



New this Year!

The IRHA .5k run/walk/crawl sponsored by USI!

Beginning at 10:00am, register and participate in the **.5k** event (about 1,600 feet) in the club parking area.

- Water and beer stations every 500 feet for participant safety
- \$10/per person entry fee, or \$20 VIP Service! Pay a little extra and RIDE the 1,600 feet course in a golf cart
- Physical therapy station available for stretching/recovery
- Receive a t-shirt stating "I survived a walk/run/crawl"

Golf Registration: Team of 4 players - \$300; Individual - \$75
Sponsorships Available!

For more information and to register, [please click here!](#)

IRHA's Business Partner Network: Dynamic. Complex. Challenging.

Today's healthcare environment often represents tough tests and trials for even the most experienced professionals. New federal regulations, reimbursement and compensation issues, ever-changing policies, and patient satisfaction/safety matters quickly consume executive and managerial bandwidth.

To help effectively address these and other issues, the Indiana Rural Health Association created the Business Partner Network (BPN) to support our members by providing access to healthcare resources with trusted experts in the field who can help sustain and grow your operations in these complex times.

Ranging from accounting to IT to management and marketing (and more), these qualified professional organizations are ready to serve.

Summer CAHoots Highlight

Each CAHoots issue will highlight two Business Partner Network members. IRHA's BPN members have chosen to be a major sponsor of IRHA and the Indiana Statewide Rural Health Network (InSRHN). As you explore the member links, you will find uniquely qualified businesses who possess in-depth knowledge of critical healthcare issues. They stand ready to provide high-performing service to you and your organization.



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