

Winter 2023



CAHoots Newsletter is funded through the IN FLEX State Office of Rural Health (SORH).

Winter CAHoots Highlight

Each CAHoots issue will highlight two Business Partner Network members. IRHA's BPN members have chosen to be a major sponsor of IRHA and the Indiana Statewide Rural Health Network (InSRHN). As you explore the member links, you will find uniquely qualified businesses that possess in-depth knowledge of critical healthcare issues. They stand ready to provide high-performing service to you and your organization.



As a nationwide organization, TRS has a longstanding reputation of providing comprehensive workforce solutions to Rural and Critical Access hospitals facing unique recruiting challenges, with an unparalleled record of delivering on difficult-to-fill positions. TRS provides temporary, permanent, and International Perm Placement for clinical and non-clinical positions.

The TRS website is currently under construction.



Medplace is an app that connects Rural and Critical Access Hospitals to practicing doctors and nurses across all specialties for independent peer and case reviews. Login. Create a request. Upload records. Then select your physician or nurse. Reviews are completed in two weeks and conversations with your reviewer are also available.

Please visit medplace.com for more information.



Greene County General Hospital Welcomes General Surgeon Dr. Steven Cam Gabrielsen

Linton, Indiana – Greene County General Hospital is pleased to welcome board-certified general surgeon, Steven Cam Gabrielsen, M.D. to the GCGH family. As a general surgeon, his love and passion for his patients shine through his decades of experience. Dr. Cam, which is what he likes to be called, is number one when it comes to patient care and will perform a range of surgeries, surgical procedures, and diagnostic procedures exclusively at GCGH. Dr. Gabrielsen will also see patients for consultations and post-operative care at GCGH's new general surgery clinic, SurgCare.



SurgCare is located next to GCGH, in the TeamOrtho Orthopedics and Sports Medicine Center building at 1043 North 1000 West in Linton, Indiana. SurgCare and TeamOrtho will share the building and phone number, 812-847-3381.

Dr. Gabrielsen previously practiced at Monroe Hospital in Bloomington. He is a graduate of Indiana University School of Medicine where he received his Doctor of Medicine (M.D.). He completed an internship at St. Mary's Hospital in Kansas City, MO and residencies at Blodgett Memorial Medical Center and Michigan State University of Human Medicine, both in Grand Rapids, MI. Dr. Gabrielsen is trained to diagnose and manage a wide range of diseases and disorders that may require surgical treatment from colonoscopies, to digestive tract disorders including gallbladder, upper endoscopies and GERD surgeries, breast surgeries with reconstruction, wound care and skin grafts.

Patients are welcome to schedule consultations at SurgCare by calling our Surgical Practice Coordinator at 812-847-3381.

Please welcome Dr. Cam Gabrielsen to the Greene County General Hospital family.

Greene County General Hospital Recognized for Excellence in Infant and Maternal Health

Linton, Indiana – Greene County General Hospital, Labor and Delivery Department was recognized by the Indiana Hospital Association (IHA), in partnership with Governor Eric J. Holcomb and State Health Commissioner Kris Box, M.D., FACOG, for their commitment to infant and maternal health at the third annual *INspire Hospital of Distinction* recognition program.

INspire, funded by the Indiana Department of Health's Safety PIN grant, was developed to implement the delivery of best practice



care for Hoosier moms and babies and recognize hospitals for excellence in addressing key drivers of infant and maternal health.

Greene County General Hospital, Labor and Delivery Department earned an *INspire Hospital of Distinction Recognition Award* based on implementing best practices in six key areas, including infant safe sleep, breastfeeding, tobacco prevention and cessation, perinatal substance use, obstetric hemorrhage, and maternal hypertension.

“I know that when our unit receives this award, it is because we are providing high quality patient care. I have personally changed the way I provide education to my patients due to the criteria of the *INspire* award, and great education is how you save lives!” said Susie Walker-Crawford, OB Registered Nurse at Greene County General Hospital.

Greene County General Hospital's Labor and Delivery Department's dedication to quality improvement in maternal and child health is truly inspirational,” said Brittany Waggoner, IHA Maternal and Infant Quality Improvement Advisor. “Despite the challenges our Indiana delivering facilities are facing today, they remain committed to creating a highly-reliable obstetric care system for moms and babies across Indiana.” The Indiana Hospital Association serves as the professional trade association for more than 170 acute care, critical access, behavioral health, and other specialized hospitals in Indiana.

Greene County General Hospital is a rural, 25-bed critical access hospital, located in Linton, Indiana. GCGH includes four rural health clinics, My Clinics, located throughout Greene County and an Orthopedic and Sports Medicine Center, TeamOrtho / SurgCare. GCGH employs over 350 full, part-time, and PRN employees. GCGH and TeamOrtho are accredited by Joint Commission and GCGH's My Clinics are accredited as Exemplary Providers by The Compliance Team.

Greene County General Hospital Swears in New Police Department

Linton, Indiana – Greene County General Hospital is pleased to announce the creation of the Greene County General Hospital Police Department. Officers were sworn in during a ceremony on December 20, 2022.

Nathan Abrams, Board Chair and County Commissioner, presided over the ceremony and swore in six officers: Bryan Woodall, Rick Van Horn, Andrew Gonthier, Barrett Kapperman, Trey Sparks, and Michael Osborn. Bryan Woodall will serve as Chief of Police.



Chief Woodall has served as Manager of Public Safety at GCGH since 2013 and has over 30 years of law enforcement experience with the Greene County Sheriff's Department.

“This is a great opportunity for our department and for our hospital. It provides another layer of protection for patients, and we are proud to fulfill that role,” said Bryan Woodall, Chief of Police.

These officers have undergone special training to serve in this role. Greene County General Hospital is grateful for their protection and their service.



Picture from left to right for entire group: Andrew Gonthier, Bryan Woodall, Trey Sparks, Rick Van Horn, Michael Osborn, and Barrett Kapperman

Greene County General Hospital Welcomes First Newborn of 2023

Linton, Indiana – Greene County General Hospital welcomed the first newborn of 2023 on Sunday, January 1, 2023. The parents, Rebecca Gentry and Devin Bell of Linton, Indiana, welcomed their daughter, Taliyah Elissia Bell, at 7:34 a.m. on Sunday.

On behalf of the GCGH family, we would like to congratulate this family. Rebecca is a patient of Dr. Williams, Board-Certified Obstetrician-Gynecologist. Dr. Williams is at the Women's Health Center, located inside the My Linton Clinic and is accepting new patients.



IU Health Blackford Celebrates 5 Years Without a Serious Safety Event!

Hartford City - In December 2022, it was 5 years since IU Health Blackford's last Serious Safety Event. Over 47,324 patients had been seen in the Emergency Department, 3,661 cared for as inpatients and observation patients, 197,826 labs tests, 80,197 radiology exams, 1,022 surgeries, 26,374 physical and occupational therapy

outpatient visits, 510 cardiac/pulmonary rehab visits and 530 respiratory therapy visits. During all those encounters, IU Health Blackford has been able to keep our patients safe from serious preventable harm. The team held a celebration in December to congratulate everyone for the excellent care provided to its patients!



Logansport Memorial Hospital Introduces Aquablation Therapy, a Minimally-Invasive Robotic Procedure for Patients with Enlarged Prostate



Logansport Memorial Hospital is pleased to be the first in the north central Indiana region to offer Aquablation therapy for the treatment of lower urinary tract symptoms (LUTS) due to benign prostatic hyperplasia (BPH), a condition caused by an obstructive prostate.

BPH is a non-cancerous condition where the prostate has grown to be obstructive in some way. This can place pressure on a man's bladder and urethra, causing problems with urination. If left untreated, BPH can cause significant health problems, including irreversible bladder or kidney damage, bladder stones, and incontinence.

Many BPH surgical treatments often force men to trade-off between symptom relief and side effects, limiting patients to choose between either a high degree of symptom relief with high rates of irreversible complications (such as incontinence, erectile dysfunction, or ejaculatory dysfunction) or a low degree of symptom relief with low rates of irreversible complications.

Aquablation therapy is performed by the AquaBeam® Robotic System, the first FDA-cleared, surgical robot utilizing automated tissue resection for the treatment of LUTS due to BPH. Aquablation therapy combines real-time, multi-dimensional imaging,

automated robotics, and heat-free waterjet ablation for targeted, controlled, and immediate removal of prostate tissue. Advanced imaging capabilities with cystoscopic visualization and ultrasound allow surgeons to create a personalized treatment plan tailored to each patient's specific anatomy. Once the anatomy map is complete, the robotically controlled, waterjet removes the prostate tissue, avoiding critical structures to preserve sexual function and continence.

One in five men ages 51 to 60 have BPH, and the incidence increases every decade of life.⁴ Proven in numerous clinical studies, Aquablation therapy offers predictable and reproducible outcomes, independent of prostate anatomy, prostate size, or surgeon experience. ^{1,2,3}

"We are proud to be among the first in the state of Indiana to offer a solution for men with BPH that provides significant, long-lasting symptom relief with lower risk to their sexual function or continence," said Dr. Stephen Beck, Urologist and Surgeon at Logansport Memorial Hospital. "Other surgical treatment options often force men to face irreversible complications to achieve a high degree of symptom relief. This procedure helps provide relief without compromising quality of life, and that's one of my highest priorities for my patients."

Logansport Memorial President and CEO Perry Gay commented, "Aquablation therapy is the next step in expanding our advanced surgical options that can be offered close to home for many of the patients we serve across north central Indiana. This opportunity to offer a new procedure or service with the unique and talented expertise of a surgeon like Dr. Beck has the potential to impact the lives of many men within our current service area, and well beyond it. We want to offer our patients innovative and effective treatment options that help them feel better and live better. Aquablation therapy is a procedure that fits in that focus."

For an appointment or to learn more about whether this is the right treatment option for you, call LMPN Urology at (574) 753-2222, located inside our Surgical Services office.

For more information on Logansport Memorial Hospital, visit LogansportMemorial.org. For more information on Aquablation therapy, visit Aquablation.com.

About Logansport Memorial Hospital

Logansport Memorial Hospital is an 83-bed, HFAP accredited, regional medical center providing healthcare services to residents in Cass County and the surrounding areas of north central Indiana. Logansport Memorial Hospital complies with all Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

References:

1. Gilling et al. Five-year outcomes for Aquablation therapy compared to TURP: a randomized controlled trial in men with LUTS due to BPH Can J Urol 2022; 29(7): 70960- 70968.
2. Zorn KC, Bidair M, Trainer A, Arther A, Kramolowsky E, Desai M, et al. Aquablation therapy in large prostates (80-750 cc) for lower urinary tract symptoms due to benign prostatic hyperplasia: WATER /13-year trial results. BJU/ Compass. 2022;3(2): 730-738.
3. Bach, T, et al. First Multi-Center All-Comers Study for the Aquablation Procedure. J Clin Med. 2020 Feb; 9(2): 603.
4. Roehrborn, CG, Rosen, RC. Medical therapy options for aging men with benign prostatic hyperplasia: focus on alfuzosin 70 mg once daily. Clinical Interventions in Aging 2008;3(3).



Putnam County Hospital Hosts Wear Red Breakfast

On Friday, February 3, 2023, over 160 community members arrived at Tiger Pointe for the Putnam County Hospital Wear Red Breakfast.

"We were so excited to host the Wear Red Breakfast again this year. Our first breakfast was in February of 2020. The following year we were not hosting events due to COVID and last year we had a snowstorm that caused us to have to cancel the event. This year, however, is perfect. We have such an incredible crowd from across the county, state representatives, and business owners all in attendance. We could not ask for a better venue or weather for today's breakfast. It is an important topic and it is the goal of Putnam County Hospital to continue hosting events like this to help keep our community healthy." Stated Director of Marketing with Putnam County Hospital, Brooke Trissel



The breakfast kicked off with a welcome from Putnam County Hospital Director of Marketing, Brooke Trissel. The first speaker was Louis Janeira, MD, FACC. Dr. Louis Janeira (pronounced 'LOO iss' 'jan ERRA') is a board certified cardiologist who joined Franciscan Physician Network Indiana Heart Physicians in early 2018 from a private practice in Terre Haute, Indiana. A graduate of Ross University Medical School, he completed his residency at Liberty Health Jersey City Medical Center, Deborah Heart and Lung Center in New Jersey. He also did his fellowship in cardiovascular disease at the Deborah Heart and Lung Center, with additional training in Electrophysiology. Dr. Janeira has a special interest in abnormal rhythms of the heart as well as prevention of cardiovascular disease. Dr. Janeira used humor throughout his program that kept the 160 individuals entertained, but also well informed of heart disease.

Next, Anne Wilkey and Nancy Kittle, co-managers of Putnam Cardiopulmonary Rehab, gave a short presentation of the importance of calling 9-1-1 and a quick demonstration on CPR. Anne and Nancy hold classes for local educators to keep CPR certifications up to date. Coming up March 4, they will hold a class for county coaches, including youth, high school, and middle school individuals.

Finally, the guest of honor, Courtney Dickey, shared her story via video. She began with her story that began Labor





of 2020 when she unexpectedly lost her husband. Within several hours, she suffered a heart attack that nearly took her life. A large part of her recovery took place in Putnam Cardiopulmonary Rehabilitation. "I was scared when starting Cardiac Rehab. The first day I walked in and was welcomed by four of the most beautiful ladies. They made me feel welcomed and like I was going to be ok. I



can't give enough credit to them and their great care. They are more than employees of Putnam County Hospital. They are people that truly care about me, not just as a patient, but as a person." Dickey shared during her video.

When the video was over Courtney Dickey received a dozen roses and a huge ovation from all in attendance. She encouraged women to get their health screens and look for signs of heart issues. She was then handed a bouquet of roses from Chelsea Beasley as the crowd, again, gave her a long and well-deserved applause.



As the program concluded, there were hugs from her colleagues and daughters who were in attendance. Little did Courtney know that her special day was not quite over. Brooke Trissel and Chelsea Beasley hurried over to Tzounakis where her students were anxiously awaiting her arrival. Putnam County Hospital gave each of her students a Wear Red for heart month shirt. The students, principal, vice principal, and teachers were all gathered. As Mrs. Dickey rounded the corner to her pod, the students cheered and clapped for her. She was so surprised and the students

clapped and hugged her. "I didn't think this day could get any better and it just did," Dickey shared as she was hugging her students.

If you are interested in attending or sponsoring the 2024 Wear Red Breakfast, please contact Brooke Trissel at 765.301.7528.



Putnam County Hospital--providing exceptional healthcare close to home.



INspire Award Goes to Cameron Memorial Community Hospital

Cameron Memorial Community Hospital was recognized by the Indiana Hospital Association, in partnership with Gov. Eric J. Holcomb and State Health Commissioner Dr. Kris Box, for its commitment to infant and maternal.

Cameron earned the 2022 Hospital of Distinction recognition based on implementing best practices in five of the key areas, including safe sleep, breastfeeding, tobacco prevention and cessation, perinatal substance use and AIM safety bundles.

Accomplishments like these would not be possible without our amazing staff, volunteers, and community members. Thank you!



Rush Memorial Hospital – “Most Wired” Award Winner

For the tenth year in a row, Rush Memorial Hospital has won the “Most Wired” award, progressing this year to Level 8. This award is given to hospitals that excel in the area of Information Technology Management as it applies to improving healthcare, including, but not limited to:

- Protecting patient privacy
- Giving patients digital access to their own health information
- Sharing healthcare data among providers in order to improve patient care
- Preparing for disasters and reducing risks to healthcare data
- Providing the digital infrastructure for:
 - Tracking measures that improve the safety and quality of patient outcomes
 - Improving billing accuracy and operational efficiency in order to control healthcare costs



Alliance Bank Junior Board of Directors Visits Pulaski Memorial Hospital

In early February, Alliance Bank’s Junior Board of Directors held its Board meeting at Pulaski Memorial Hospital in Winamac, Indiana.

The Board, made up of area high school students, was able to meet with several hospital leaders, including CEO, Steve Jarosinski, HR Director, Cheryl Podell, and Revenue Cycle Manager, Ashley Gorby, to discuss some of the various jobs and services needed to run a hospital.

After a brief meeting and lunch, the students were able to tour the facility with the Chief Nursing Office, Linda Webb, and Education Coordinator, Shelby Davis, RN, to see some of the clinical and non-clinical areas that work together to provide high-quality care for the Hospital’s patients.



Check Out This Toolkit

A toolkit is available for community organizations, businesses, faith-based organizations, schools, health centers and other medical providers. With one in three Hoosiers currently enrolled in a Medicaid program, an “all hands on deck” approach is the best way to avoid a dramatic increase in the number of uninsured Hoosiers. We need YOU to help communicate the messages in this toolkit to your community by:

- Sharing information in your newsletters, social media, websites, etc.
- Hanging posters from the State and from Navigator organizations
- Telling everyone the three key messages:

- Make sure the State has your correct contact information (either on the FSSA benefits portal or by calling)
- Open your mail from the State and your Managed Care Organization
- Seek help from an Indiana Certified Navigator
- Educating staff and volunteers so they can make referrals to Navigators
- Checking back for new editions and other updates to the toolkit; the Medicaid unwinding is a yearlong event
- Sending questions, suggestions or additional resources to dhiggins@ckfindiana.org

The toolkit will be housed on the websites for [Covering Kids & Families of Indiana](#), [Hoosier Action](#) and the [Indiana Primary Care Association](#).

CMS Changes for 2023

Does your CAH own a rural health clinic (RHC)? Providing behavioral health in rural areas has always been a challenge, but red tape provides further barriers for administrators and providers. However, in light of current needs, CMS has expanded provider supervision requirements for behavioral health services to improve access, address needs, and reduce existing barriers to make greater use of the services of behavioral health professionals. Effective on January 1, 2023, CMS finalized an exception to allow services to be provided under general supervision, rather than requiring direct supervision of a physician or non-physician practitioner (NPP). Behavioral health providers will have the ability to reach more patients - especially rural patients - with this expansion; now, CAHs and RHCs have more resources to assist them.

Read about more 2023 CMS changes here: <https://www.cms.gov/newsroom/fact-sheets/calendar-year-cy-2023-medicare-physician-fee-schedule-final-rule>

Burrows Consulting
Elizabeth Burrows, JD, and Hannah DeBlock



Conferences, webinars, and other educational opportunities from the Indiana Rural Health Association...

In-Person Events



REGISTER TODAY

2023 IRHA Spring Rural Summit

Join the Indiana Rural Health Association for its Spring Rural Summit this April! Sessions offered during the Summit will focus on **Leadership** and **Quality** with target audiences from Critical Access Hospitals, Rural Hospitals, and Rural Health Clinics.

April 11
Ivy Tech Community College Culinary and Conference Center
2820 N Meridian St.
Indianapolis, IN 46208

[AGENDA](#)

Attendee Registration:

Members – \$175
Non-members – \$275
Students – \$75

**If you are an IRHA member, please log in to the membership portal before registering!*

[REGISTER](#)

Exhibitor Registration:

Gold Level – \$1,000; 4 attendees
Silver Level – \$500; 2 attendees
Business Partner Network – Complimentary; 4 attendees

[REGISTER](#)

We are proud to offer **5.0 ACHE Qualified Education credit hours** for attending this event.

The program being presented by Indiana Healthcare Executives Network, Indiana Rural Health Association 2023 Spring Rural Summit, has been approved by the American College of Healthcare Executives for a total of 5.0 hours of ACHE Qualified Education credits.

Healthy Lives, Healthy Minds Workshops

[Tell City – February 23, 2023](#)

[Bloomington – March 2, 2023](#)

[Corydon – March 13, 2023](#)

[Vincennes – March 27, 2023](#)

**Mark your calendars for the
*25th Indiana Rural Health Conference***

"Rethink. Renew. Refocus: The Future of Rural Health"

June 13-14, 2023, in French Lick, Indiana

Conference Brochure with Full Agenda will be available soon.

[Visit the Annual Conference Website!](#)

Check out all in-person IRHA events and webinars by [clicking here](#).

Membership

IRHA Membership

Please be sure you stay active with the IRHA. For instructions on renewing your membership, [CLICK HERE](#). Student memberships are free! We welcome new members to join at any time!

[Join Now](#)

If you have any questions, please contact [Carolyn Miller](#).

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