

Prenatal/Postpartum Care Through Community Paramedicine
A Mobile Integrated Healthcare Initiative

The Indiana Rural Health Association (IRHA), UnitedHealthcare, and the Crawfordsville Fire Department are collaborating to expand Community Paramedicine to other counties in Indiana.

Introduction

In this Community Paramedicine program, non-physician paramedic practitioners (NPPPs) make in-home visits with the mothers at varying frequencies throughout the pregnancy process and during the 16 weeks following birth. NPPPs make one visit per month during the first trimester with visits increasing as the pregnancy progresses into the second and third trimesters, where visits become weekly. NPPPs gather information, conduct exams, educate, give counsel, and connect mothers to community resources. NPPPs are also available for 24/7 assistance in the form of emergency response, emotional support, or just to answer any questions that the mother might have throughout the process.

The ultimate goal of the Community Paramedicine program is to decrease the number of low birth weights, pre-term deliveries, and infant mortality rates, all while providing powerful emotional support, significant cost avoidances across all parties, and numerous partnerships extending shared value.

Benefit to Hospital Partners

Community Paramedicine brings numerous benefits to hospital partners and their patients:

- Delegation of medical staff responsibilities to NPPPs
- Fewer no-show appointments due to the ability to visit patients in-home
- Reduced hospital readmissions due to faster follow-up from hospital discharge
 - Improved hospital quality outcomes
 - Reduced preterm births and low birthweight babies
- Healthier mothers in all aspects of the term

Data

IRHA and United Healthcare will collect data from partners to evaluate Community Paramedicine's viability, cost effectiveness, and feasibility. A more extensive data list will be shared prior to the start of the program and data use agreements (DUAs) will be established.

Contact Information

Please contact us if you have any questions or would like to discuss further what participating in Community Paramedicine would look like:

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