

MAT VS MOUD

MAT

MAT is an integrated approach that combines medications with counseling and behavioral therapies to treat substance use disorders.

It is used to treat various substance use disorders, including opioid use disorder (OUD), alcohol use disorder (AUD), and others..

Behavioral therapy is the core component of treatment

MOUD

MOUD is a specific type of MAT that focuses solely on treating opioid use disorder (OUD) using FDA-approved medications.

It's a key component of comprehensive treatment plans for individuals with OUD.

Behavioral therapy may or may not be integrated

Key Similarities:

- Evidence-Based: Both MAT and MOUD are evidence-based treatments with proven effectiveness.
- Improves Outcomes: Both approaches aim to reduce substance use, improve survival rates, and support long-term recovery.
- Comprehensive Care: Emphasizes a holistic approach, addressing both the physical and psychological needs of the patient

References

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