

Learn more

Scan the QR code or visit

www.indianaruralhealth.org/services/mommywise

to learn more about the program and upcoming educational sessions.



MommyWise

A program of the Indiana Rural Health Association



Learning Together

Supporting Mothers of Grant County



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About MommyWise

The Indiana Rural Health Association recently received a Safety Pin grant from the Indiana Department of Health. Over the next two years, the program will be implemented in Grant County, selected due to its high infant mortality rates (IMR). The initiative will utilize the American College of Obstetricians and Gynecologists evidence-based Postpartum Toolkit and additional resources to enhance birth outcomes and lower the IMR. Six community educators will conduct educational events throughout the program's duration to support these efforts.

Providing education on:

Nutrition and Wellness

Pelvic Floor Therapy

Postpartum and Infant Care

Pregnancy Complications/Birth Process

Tobacco Cessation/Risky Substance Avoidance

Vaccination Schedule Awareness

